

Rugby High School Track & Field Results

NORTH CENTRAL REGION

Rugby, ND – Friday, May 20, 2016

100 Meter Dash

Kristina Brossart - 12.90 - 2nd place - **SQ**
Jazlyn Brossart - 14.01
Carmen Mak - 18.07

200 Meter Dash

Anni Stier - 27.44 - 2nd place - **SQ**
Maria Blessum - 27.55 - 3rd place - **SQ**
Kristina Brossart - 27.90 - 4th place
Carmen Mak - 36.78

400 Meter Dash

Anni Stier - 1:02.45 - 1st place - **SQ**
Kimberlee Leier - 1:07.04 - 5th place
Brooke Senger - 1:11.55
Callie Oppen - 1:12.50

800 Meter Run

Tristin Lunde - 2:30.95 - 1st place - **SQ**
Dessa Denich - 2:52.43

1600 Meter Run

Tristin Lunde - 5:54.05 - 3rd place - **SQ**
Ellie Duchscherer - 6:12.57 - 4th place
Karsyn Hager - 6:13.15 - 5th place
Taylor Nelson - 6:14.24 - 6th place
Dessa Denich - 6:54.66

3200 Meter Run

Ellie Duchscherer - 13:12.04 - 2nd place - **SQ**
Karsyn Hager - 13:12.69 - 3rd place - **SQ**
Taylor Nelson - 13:38.88 - 4th place
Anna Clements - 14:02.66 - 6th place
Kelly Swanson - 14:53.04 - 8th place

100 Meter Hurdles

Jazlyn Brossart - 17.87 - 4th place
Emily Salwey - 19.46 - 8th place
Callie Oppen - 20.50

300 Meter Hurdles

Anni Stier - 48.18 - 1st place - **SQ, MR**
Tristin Lunde - 52.45 - 5th place
Emily Salwey - 53.64 - 7th place
Callie Oppen - 57.86

Long Jump

Sara Stier - 17'0" - 1st place - **SQ**
Lauren Kraft - 16'3" - 2nd place - **SQ**
Brooke Blessum - 15'0" - 7th place

Triple Jump

Sara Stier - 35'1" - 1st place - **SQ, MR**
Brooke Blessum - 32'9" - 3rd place - **SQ**

High Jump

Brooke Blessum - 4'1"
Kimberlee Leier - 3'11"

Pole Vault

Maria Blessum - 9'0" - 1st place - **SQ**
Brooke Blessum - 7'6" - 2nd place - **SQ**
Karsyn Hager - 6'6" - 3rd place - **SQ**
Jazlyn Brossart - 6'6" - 4th place tie
Kelly Swanson - 6'6" - 4th place tie

Shot Put

Maddie Uhlenkamp - 32'8" - 2nd place - **SQ**
Mariah Hjelden - 30'2" - 7th place
Whitney Gronvold - 29'10" - 8th place
Grace Schmitt - 25'9"

Discus

Maddie Uhlenkamp - 117'2" - 2nd place - **SQ**
Whitney Gronvold - 86'6"
Grace Schmitt - 71'2"
Mariah Hjelden - 56'5"

Javelin

Maddie Uhlenkamp - 102'3" - 3rd place - **SQ**
Whitney Gronvold - 80'1"
Mariah Hjelden - 72'11"
Grace Schmitt - 67'3"

4 x 100 Meter Relay

Jazlyn Brossart(13.46), Kristina Brossart(13.00)
Lauren Kraft(13.51), Sara Stier(13.39)
53.36 - 1st place - **SQ**

4 x 200 Meter Relay

Kimberlee Leier(30.08), Emily Salwey(28.58)
Sara Siter(28.19), Maria Blessum(27.64)
1:54.49 - 1st place - **SQ**

4 x 400 Meter Relay

Kristina Brossart(1:04.35), Maria Blessum(1:06.77)
Emily Salwey(1:07.48), Anni Stier(1:02.69)
4:21.29 - 1st place - **SQ**

4 x 800 Meter Relay

Tristin Lunde(2:31.41), Ellie Duchscherer(2:47.10)
Dessa Denich(2:51.05), Karsyn Hager(2:49.88)
10:59.44 - 1st place - **SQ**

GIRLS TEAM SCORES

1. Rugby - 248
2. Harvey-Wells County - 146
3. North Star - 82
4. Velva/Drake-Anamoose/Sawyer - 51
5. New Rockford-Sheyenne - 47
6. Northern Lights - 30
7. Benson County - 25
8. Bottineau - 24
9. Rolette/Wolford - 21
10. Glenburn - 19
11. Westhope/Newburg - 18
12. Warwick - 11
13. Dunseith - 1